## CHIROPRACTIC FROM THE HEART IN AMSTERDAM with Dr. Stew Bittman

## Friday September 9th 5-9 pm/Saturday the 10th 9 am-5 pm

This transformative experience is limited to 28 participants! You must pre-register & pay for your spot by August 27<sup>th</sup>

400€ per attendee, suitable for DCs, staff, significant others & patients (includes lunch on Saturday)

Would you love to serve and practice according to your deepest values and intentions? Does your head get in the way of practicing and living in alignment with what you know to be true in your heart? Do you go to seminars and get "pumped up" and then "lose it" quickly thereafter?

Join us for a "booster shot" of chiropractic principle, a host of tools to continually grow in consciousness and improve your life and practice, a safe place to release everything that no longer serves you and, generally, a life-changing weekend to fall back in love with chiropractic and yourself!

## Where? Location to be announced

**What?** Friday night: Breathwork. A powerful, positive, safe and sacred experience. Using our own breathing to break through blocks, fears and stuck energy, we're free to discover our own wholeness & love and serve more whole-heartedly

Saturday: Principled communication, core values, heart & headspace, philosophy, tools to overcome attachments, fears, doubts & negativity so we can align our *doing* with our highest values and the highest vision of who we are

Who? For a bio of Dr. Stew and a plethora of testimonials, visit www.bittmanbliss.com

To register and/or for information, including about accommodations, contact Dr. Sunitha Athisdam at <a href="mailto:Sathisdam@gmail.com">Sathisdam@gmail.com</a>. There is a large conference in Amsterdam that weekend, so contact her soon!