

# CHIROPRACTIC FROM THE HEART in Austin, TX



with Dr. Stew Bittman

Would you love to serve and practice according to your deepest values and intentions? Does your head get in the way of practicing and living from your heart?

*If you'd like a "booster shot" of chiropractic principle, a host of tools to grow in consciousness and improve your life and practice, a safe place to release everything that no longer serves you and, generally, a weekend to get back into alignment with what you already know to be true in your heart...join us for a life-changing experience!*

**When?** Friday November 7<sup>th</sup> 6-10pm/Saturday the 8<sup>th</sup> 10-6pm...**Pre-registration only and your spot must be reserved and paid for by October 28<sup>th</sup>...this weekend experience is limited to only 20 participants so call or email today!**

**Where?** Patzer Family Chiropractic; 2700 W. Anderson Lane, Suite 509, Austin

**What?** Friday night: Breathwork (a powerful, positive, safe and sacred experience. Using our own breath to break through our blocks, fears & old stuck energy, we're free to discover our own wholeness so we can love & serve whole-heartedly)

Saturday: Principled communication, heart & headspace, philosophy, tools to overcome attachments, fears, doubts & negativity so we can align our *doing* with our highest values and the highest vision of who we are

**How much?** \$225 for DCs, \$125 for CAs, spouses, students...

**Who?** To view a bio of Dr. Stew and a whole bunch of testimonials: please visit [www.bittmanbliss.com](http://www.bittmanbliss.com). **Dr. Stew will be speaking at EPOC Austin on Nov. 6!**

For more information or to register, contact Dr. Stew at 530-577-7135 or preferably by email: [bittmanbliss@att.net](mailto:bittmanbliss@att.net)