

# CHIROPRACTIC FROM THE HEART

CORK - 20-21 October 2018

*with*



**Dr Stew Bittman**

*Would you love to serve and practice according to your deepest values and intentions? Does your head get in the way of practicing and living in alignment with what you know to be true in your heart? Do you go to seminars and get “pumped up” and then “lose it” quickly thereafter?*

*Join us for a “booster shot” of chiropractic principle, a host of tools to continually grow in consciousness and improve your life and practice, a safe place to release everything that no longer serves you and, generally, a life-changing weekend to fall back in love with chiropractic and yourself!*

***Suitable for DCs, CAs, significant others & patients***

**This transformative experience is limited to 24 participants!**

**You must pre-register & pay for your spot by 10 October.**

**Fee:** € 399 per attendee for 1<sup>st</sup>-timers / € 249 for past attendees

**Note: new and fresh content added**

**Register:** <https://form.jotformeu.com/80943143584359>

**Where:** Nano Nagle Place, Douglas Street Cork City T12 X70A    [nanonagleplace.ie](http://nanonagleplace.ie)

**What:** Saturday morning (10.00-13.00): Breathwork. A powerful, positive, safe and sacred experience. Using our own breathing to break through blocks, fears and stuck energy, we're free to discover our own wholeness & love and serve more whole-heartedly.

Saturday afternoon (to 18:00) and Sunday morning (09.00-13.00): Principled communication, core values, heart & headspace, philosophy, tools to overcome attachments, fears, doubts & negativity so we can align our *doing* with our highest values and the highest vision of who we are.

**Who:** For a bio of Dr. Stew and a plethora of testimonials, visit [www.bittmanbliss.com](http://www.bittmanbliss.com)