

THE ART OF THE OPEN (HEART) in WICHITA

Hosted by Dr. Devin Vrana



Breathwork sessions with Dr. Stew Bittman

Thursday, February 20th 7PM-10PM (approximately)

Bonus sunrise breathwork session on Friday morning

\$150 per attendee for both sessions/\$100 Friday night only

Venue: “DreamCatcher’s Den” 1247 S. Tyler Rd. Wichita

LIMITED TO 24 PARTICIPANTS You must pre-register by February 1

Breathwork is a powerful, positive, intense, safe & sacred experience. Using a specific breathing pattern you’ll learn at the event, you’ll clear blocks, fears, and stuck energy so you can live more whole-heartedly

For more info: bittmanbliss@att.net or <https://www.facebook.com/events/3229599083778053/>

For a bio and testimonials on Dr. Stew: visit www.bittmanbliss.com

To register: [https://form.jotformeu.com/ChiroLifeLtd/Breathwork Wichita](https://form.jotformeu.com/ChiroLifeLtd/Breathwork_Wichita)