

# CHIROPRACTIC FROM THE HEART

CORNWALL - 21-23 June 2019

With Stew & Hillary Bittman



*A full weekend event with new content*

*Would you love to serve and practice according to your deepest values and intentions? Does your head get in the way of practicing and living in alignment with what you know to be true in your heart? Do you go to seminars and get “pumped up” and then “lose it” quickly thereafter?*

*Join us for a “booster shot” of chiropractic principle, a host of tools to continually grow in consciousness and improve your life and practice, a safe place to release everything that no longer serves you and, generally, a life-changing weekend to fall back in love with chiropractic and yourself!*

***Suitable for DCs, CAs, significant others, students & patients***

**This transformative experience is limited to 40 participants.**

***Deadline 11 June 2019***

**£499 per attendee for 1<sup>st</sup> timers**

**£319 for past attendees & students**

(Four meals are included: Dinner Friday, Breakfast Saturday & Sunday, & Lunch Saturday)

[\*\*Register here\*\*](#)

**Contact Stew personally if you'd like to sign up your whole team**

**Where?** Bodergy Budock Vean Lane, Mawnan Smith, Falmouth, Cornwall TR11 5LH

[\*\*Travel and accommodation options\*\*](#)

**What?** Friday night: Overview. Setting the circle. Living according to our core values.

Saturday morning: Breathwork. A powerful, positive, safe and sacred experience. Using our own breathing to break through blocks, fears and stuck energy, we're free to discover our own wholeness & love and serve more whole-heartedly.

Saturday afternoon and Sunday: Principled communication, heart & headspace, philosophy, tools to overcome attachments, fears, doubts & negativity so we can align our *doing* with our highest values and the highest vision of who we are