

# CHIROPRACTIC FROM THE HEART IN BRISTOL, UK

## with Dr. Stew Bittman

**Friday September 18th 4-9pm/Saturday the 19th 9am-5pm**

**This transformative experience is limited to 28 participants! You must pre-register & pay for your spot by September 8<sup>th</sup>**

*Would you love to serve and practice according to your deepest values and intentions? Does your head get in the way of practicing and living in alignment with what you know to be true in your heart? Do you go to seminars and get “pumped up” and then “lose it” quickly thereafter?*

*Join us for a “booster shot” of chiropractic principle, a host of tools to continually grow in consciousness and improve your life and practice, a safe place to release everything that no longer serves you and, generally, a life-changing weekend to fall back in love with chiropractic and yourself!*

**Where?** Radisson Blu Hotel, Broad Quay GB- BS1 4BY Bristol +44 (0) 117 9349 500

**What? Friday night:** Breathwork. A powerful, positive, safe and sacred experience. Using our own breathing to break through blocks, fears and stuck energy, we're free to discover our own wholeness & love and serve more whole-heartedly

**Saturday:** Principled communication, core values, heart & headspace, philosophy, tools to overcome attachments, fears, doubts & negativity so we can align our *doing* with our highest values and the highest vision of who we are.

**How much? 289£ (400€); includes morning reception and lunch on Saturday**

**Who?** For a bio of Dr. Stew and a plethora of testimonials, visit [www.bittmanbliss.com](http://www.bittmanbliss.com)

**For information or to register, contact Dr. Stew by email: [bittmanbliss@att.net](mailto:bittmanbliss@att.net)**

We have a block of accommodations for Friday at a discounted rate (£119 per night BB for single or £129 BB Double). Call the hotel and quote “BTBL180915.” This block will be released 6 weeks prior to the event